

GIRL SCOUTS - FOOTHILLS COUNCIL, INC.  
33 JEWETT PLACE, UTICA, NY 13501  
www.girlscoutsfoothills.org



**Girl Scouts**<sup>®</sup>  
Where Girls Grow Strong<sup>SM</sup>

## Junior Girl Scout Age-Level Home Study Guide

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Service Unit: \_\_\_\_\_ Troop #: \_\_\_\_\_

Age Level: \_\_\_\_\_

# Directions for Home Study

## Pre-requisites...

Leaders must complete the following Volunteer training prior to completing this Home Study:

- ◆ Orientation
- ◆ Basic Leader Training

## Materials needed before you begin...

For leaders not having these materials, a Kit containing these items can be checked out from the Volunteer Development Specialist in the council office or individual pieces may be available to borrow. Failure to return the kit materials in good condition will result in a \$50 replacement charge.

- ◆ Junior Girl Scout Leader Guide Book
- ◆ Junior Girl Scout Handbook
- ◆ Junior Girl Scout Badge Book
- ◆ Safety-Wise
- ◆ "Girls on the Go!!"
- ◆ Leader's Reference Guide
- ◆ Focus on Ability
- ◆ Video - "Helping Junior Girl Scouts Grow Strong" (optional)

## When you begin, remember...

Be sure to complete all information requested or the Home Study will not be processed.

## Objectives...

By the end of this Home Study, participants will be able to:

- n Identify common characteristics of Junior Girl Scouts and ways of discovering girl needs and interests
- n Utilize resources available for program implementation
- n Involve girls in planning troop programs/activities
- n Develop troop budget
- n Identify the Junior uniform and insignia
- n Guide girls in earning Junior Awards
- n Plan troop trips
- n Help girls bridge to Cadette Girl Scouts
- n Evaluate troop program

## When you finish...

Return the completed Basic Leader Training Home Study with the evaluation and training card to the Volunteer Development Specialist at: Girl Scouts - Foothills Council, Inc., 33 Jewett Place, Utica, NY 13501 for processing.

## And then...

Participants who have successfully completed the Home Study will receive notification by mail and will be awarded three contact hours. Any applicant who fails to successfully complete 85% of the Home Study will not receive contact hours and will be required to attend the Junior Girl Scout age-level training.

1. Junior Girl Scouts are girls in grades \_\_\_\_\_ through \_\_\_\_\_ or are \_\_\_\_\_ through \_\_\_\_\_ years old.
2. List the Four Program Goals.
  - 1)
  - 2)
  - 3)
  - 4)
3. According to the Junior Girl Scout Leader Guide Book, name four characteristics of girls ages 8-11.
  - 1)
  - 2)
  - 3)
  - 4)
4. What is an investiture ceremony?
5. What is a bridging ceremony?
6. What is a Court of Awards?
7. What is a Girl Scouts' Own?
8. List six national awards Junior Girl Scouts may earn and include a brief description of each.
  - 1)
  - 2)
  - 3)

- 4)
- 5)
- 6)
9. Where can you find an illustration detailing placement of items on a Junior Girl Scout sash or vest?
10. List two "unofficial patches" girls can wear on their uniforms.
  - 1)
  - 2)
11. Circle True or False  
Unofficial patches are worn on the front of the sash or vest.
12. When are the following given to the girls?
  - 1) Junior Girl Scout Pin
  
  - 2) World Trefoil Pin
13. What is Safety-Wise?
14. Circle True or False  
Girl Scout troops/groups should include girls from different age and grade levels whenever possible.
15. The suggested ratio of adults to girls for field trips or events is \_\_\_\_\_ adults for the first \_\_\_\_\_ girls and \_\_\_\_\_ adult to each additional \_\_\_\_\_ girls.
16. List two tips found in Safety-Wise about service projects.
  - 1)
  - 2)

17. Circle True or False  
Girl/adult partnership in planning is key for Junior Girl Scout troops, because when girls are active decision makers, their competence and self-esteem grows.

18. According to the Junior Girl Scout Leader Guide Book, list eleven tips for planning with Junior Girl Scouts.

1)

2)

3)

4)

5)

6)

7)

8)

9)

10)

11)

19. Since the girls must help select activities, name two ways to be sure you are getting and using their input.

1)

2)

20. You and the girls are selecting between a trip to the zoo and a trip to a ballgame. Describe how you and they will consider the troop budget and decide on plans for money-earning projects as necessary to support at least one activity.

21. Is it appropriate for the leader to decide on a trip for the girls?

22. According to Safety-Wise, list the six techniques that can be used for resolving conflicts.

1)

2)

3)

4)

5)

6)

23. List and explain the three possible forms of troop government for a Junior Girl Scout troop.

1)

2)

3)

24. Give an example of the leader and the girls using the program goals to measure troop progress.
  
25. Name one way to adapt activities, if needed, to personalize the Girl Scout program for your troop.
  
26. Name the six elements suggested as a format for Junior Girl Scout Meetings:
  - 1)
  - 2)
  - 3)
  - 4)
  - 5)
  - 6)
  
27. To stay overnight in the lodge at Camp Glengarra, what training would the leader or another volunteer need?
  
28. The Junior Girl Scout Leader Guide Book provides suggestions for activities that correspond to chapter 1-9 in the Junior Girl Scout Handbook. Using the Junior Girl Scout Leader Guide Book, name one idea or suggestion for activities under each category.
  - 1) Girl Scout Basics
    - a) Trips –
    - b) Activities –
    - c) Discussion Topics –

- d) Service Projects –
- 2) Adventures in Girl Scouting
  - a) Trips –
  - b) Activities –
  - c) Discussion Topics –
  - d) Service Projects –
- 3) It's Great to Be a Girl
  - a) Trips –
  - b) Activities –
  - c) Discussion Topics –
  - d) Service Projects –
- 4) Family and Friends
  - a) Trips –
  - b) Activities –
  - c) Discussion Topics –
  - d) Service Projects –
- 5) How to Stay Safe
  - a) Trips –
  - b) Activities –
  - c) Discussion Topics –
  - d) Service Projects –
- 6) Be Healthy, Be Fit
  - a) Trips –
  - b) Activities –
  - c) Discussion Topics –
  - d) Service Projects –

- 7) Let's Get Outdoors
  - a) Trips –
  - b) Activities –
  - c) Service Projects –
- 8) Create and Invent
  - a) Trips –
  - b) Activities –
  - c) Discussion Topics –
  - d) Service Projects –
- 9) Explore and Discover
  - a) Trips –
  - b) Activities –
  - c) Discussion Topics –
  - d) Service Projects –

- 29. According to the Junior Girl Scout Leader Guide Book, what is one thing you can do to increase involvement of parents and guardians in your group?
- 30. Circle True or False  
Girl Scouts is an organization for all girls, regardless of special needs.
- 31. What should you do if the girls in your troop express interest in a topic in which you have absolutely no experience or expertise?
- 32. Circle True or False  
State law requires reporting of suspected child abuse or neglect.

33. Besides the Junior Girl Scout Leader Guide Book, the Junior Girl Scout Handbook, and the Junior Girl Scout Badge Book, name four additional written resources for Junior Girl Scout leaders.
- 1)
  - 2)
  - 3)
  - 4)
34. Circle True or False  
In the Girl Scout Promise, it is okay for a girl to replace the word "God" with whatever word her spiritual beliefs dictate.
35. If your troop or group was planning a day-long trip to an out-of-town zoo, name at least two things you would need to consider for a girl with the following special needs:
- 1) Allergic to bee stings
  - 2) Epileptic
  - 3) Physical disability requiring use of a wheelchair
36. Your troop or group has planned an extensive trip to Disney World in Florida. The trip will last four nights and five days. During that trip the girls will be involved in several activities. Please identify for each item below the council required trainings and forms and indicate any specific Safety-Wise guidelines to consider when planning for that activity:
- 1) Overnight trip lasting four nights
  - 2) Swimming in the pool at the hotel

3) Horseback riding at a stable in Florida

4) Hot air balloon rides at Disney World

37. What is a Junior Girl Scout Sign?

38. List the four Junior Girl Scout Signs and identify the program goal to which it relates.

1)

2)

3)

4)

39. List the 3 steps for girls to earn the Junior Aide Award.

1)

2)

3)

40. List the 4 steps a girl must complete to earn a Junior Girl Scout Leadership Award.

1)

2)

3)

4)

41. List the 6 steps girls must complete to earn the "Bridging to Cadette Girl Scout Award."
- 1)
  - 2)
  - 3)
  - 4)
  - 5)
  - 6)
42. How many steps are there for girls to complete to earn the Junior Girl Scout Bronze Award?
43. Circle True or False  
The first step in achieving the Junior Girl Scout Bronze Award is to complete a Bronze Award Service Project.
44. Circle True or False  
To earn the Junior Girl Scout Bronze Award, a girl must complete all four of the Junior Girl Scout Signs.
45. Review "Girls on the Go!!" and/or the council website and name 3 activities in which Junior Girl Scouts could participate:
- 1)
  - 2)
  - 3)

## Junior Girl Scout Home Study Guide Evaluation

|   | Yes | Somewhat | No |
|---|-----|----------|----|
| I understand Junior Girl Scout age level characteristics        | r   | r        | r  |
| I understand the resources available for program implementation | r   | r        | r  |
| I can do troop planning with the girls                          | r   | r        | r  |
| I can facilitate the troop developing a budget                  | r   | r        | r  |
| I can guide girls in earning Junior awards                      | r   | r        | r  |
| I can plan a trip with the girls in my troop                    | r   | r        | r  |
| I can help girls bridge to Cadette Girl Scouts                  | r   | r        | r  |
| I can evaluate troop program                                    | r   | r        | r  |

Do you have suggestions for improving this home study?

Do you have any ideas for new workshops?

For office use only:

r Completion approved.  
 r Completion denied.  
     Reason for Denial:  
  
     Recommendations:

Volunteer Development Specialist: \_\_\_\_\_ Date: \_\_\_\_\_