

# GIRL/ADULT HEALTH HISTORY

**Health History**

Girl Scouts – Foothills Council, Inc.  
33 Jewett Place, Utica, NY 13501  
315-733-2391 FAX 315-733-1909

\_\_\_\_\_ Girl  
\_\_\_\_\_ Adult

Date completed: \_\_\_/\_\_\_/\_\_\_

Name (last, first, middle initial)		Parent/Guardian			(Area code) Phone		
Address	City/Town	State	Zip Code	Date of Birth	Age	Sex	
In Emergency Notify		Address			(Area Code) Phone		

**HEALTH HISTORY:** (check those that apply)

<b><u>Diseases</u></b>	<b><u>Allergies</u></b>	<b><u>Chronic or Recurring Illness</u></b>
<input type="checkbox"/> Chicken Pox	<input type="checkbox"/> Animals	<input type="checkbox"/> Ear Infections
<input type="checkbox"/> Measles	<input type="checkbox"/> Food	<input type="checkbox"/> Heart Defect/Disease
<input type="checkbox"/> German Measles	<input type="checkbox"/> Hay Fever	<input type="checkbox"/> Seizures
<input type="checkbox"/> Mumps	<input type="checkbox"/> Insect Bites	<input type="checkbox"/> Disorder
	<input type="checkbox"/> Plants	<input type="checkbox"/> Asthma
	<input type="checkbox"/> Pollen	<input type="checkbox"/> Hypertension
	<input type="checkbox"/> Other	<input type="checkbox"/> Diabetes
	<input type="checkbox"/> Medicine/Drugs	<input type="checkbox"/> Musculoskeletal Disorders
		<input type="checkbox"/> Other (specify)

**Please describe conditions and give dates:**

Operations or serious injuries \_\_\_\_\_  
Hospitalizations \_\_\_\_\_  
Other diseases/disabilities \_\_\_\_\_

**Comments where applicable:**

Fainting \_\_\_\_\_ Sleep disturbances \_\_\_\_\_  
Bed wetting \_\_\_\_\_ Menstrual cramps \_\_\_\_\_  
Constipation \_\_\_\_\_ Nosebleeds \_\_\_\_\_  
Emotional disturbances \_\_\_\_\_ Other \_\_\_\_\_  
Specific activities to be encouraged \_\_\_\_\_  
restricted \_\_\_\_\_  
Special medical or dietary regimen to be followed (specify) \_\_\_\_\_  
Can be given Tylenol: \_\_\_\_yes \_\_\_\_no  
Name of Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

This health history is complete and accurate. My daughter has permission to engage in all prescribed activities except as noted by me and/or the examining physician.

(X) Signature of Parent/Guardian holding legal custody: \_\_\_\_\_ Date: \_\_\_\_\_

**EMERGENCY RELEASE STATEMENTS**

**FOR GIRLS:** In an emergency, when the undersigned or other emergency contact person cannot be reached, I give permission for the person in authority to take any emergency measure deemed appropriate. The parent/guardian holding legal custody will be notified as soon as possible.

(X) Signature of parent or guardian holding legal custody: \_\_\_\_\_ Date: \_\_\_\_\_

**FOR ADULTS:** In an emergency, should it happen that I am incapable or that the person named emergency contact can not be reached promptly, I give my permission for the person in authority to take any emergency measure deemed appropriate. My emergency contact will be notified as soon as possible

(X) Signature of adult filling out this form: \_\_\_\_\_ Date: \_\_\_\_\_

**THIS FORM MUST GO WITH THE PERSON NEEDING ANY EMERGENCY TREATMENT.**